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Parenting: It's not by sheer luck or a rabbit's foot that you've made it this far!

Mental Health and Well-being Parent Partnership Committee

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Parenting comes without a guide, app or webinar of how to do it "right." Yet parents are expected to do it perfectly in a world that is increasingly complex and moving faster than ever. How can you help build your child's resiliency? How much does a healthy lifestyle impact your child's ability to flourish? Join the conversation about the key role you play as parent in supporting your child's mental health and well-being. Let's talk about the things you need to consider and navigate as you parent your children.

Let's talk about what you already do as a parent/caregiver to create a positive caring environment to support your child's path of success both in school and in life.

Presenters

Judith Montreuil MSW RSW

Chief of Social Work & Attendance, Learning Centre 1, TDSB - judith.montreuil@tdsb.on.ca

During the course of her Social Work career, Judith has worked extensively with children and families in the field of mental health. Her practice interests are rooted in the areas of child/parent conflict resolution; student wellness; parenting strategies; family mediation and student and parent engagement with respect to the educational system.

Judith is acutely aware of issues faced by marginalized populations and the ways in which these issues converge to create and sustain patterns of inequality. It is this desire to be an agent of social change that keeps Judith married to the field of Social Work, and continues to drive her various community efforts.

Marcia Powers-Dunlop MSW, RSW

Senior Manager of Professional Support Services, TDSB - marcia.powers-dunlop@tdsb.on.ca

Working as a Social Worker for more than 35 years, Marcia has extensive experience helping children and youth who exhibit a variety of social-emotional problems and consulting with their families and school staff. In her current role, she oversees five services within professional support services and works closely with community agencies to develop partnerships to enhance service to Toronto District School Board students. Marcia serves on a number of community agency boards and committees.