



**B-02**

## The Seven Sacred Grandfather Teachings

Aboriginal Community  
Advisory Committee  
(ACAC)

200B

This workshop will share approaches, tools and resources which can assist parents and community leaders to support family and community health and wellness. First Nations, Métis and Inuit peoples are very diverse with multiple identities, life circumstances, beliefs, traditions and practices. This workshop will explore the Seven Sacred Grandfather/Grandmother teachings (i.e., respect, love, humility, bravery, honesty, truth and wisdom). The Seven Sacred Grandfather/Grandmother teachings are based on the foundation of a “good way of life”. They are a reminder of how we should respect and take care of ourselves, each other and Mother Earth (e.g., the Environment). Participants of the workshop will have opportunities to explore how the fundamental teachings of the Seven Sacred Grandfathers/Grandmothers can be applied at home, school, work and the community.

### Presenter

#### Clayton Shirt

Parent / Traditional Teacher - [clayshirt@gmail.com](mailto:clayshirt@gmail.com)

Clayton Shirt is a Traditional Teacher. He is the Wolf Clan of saddle Lake Alberta, Treaty 6. Clayton had been working as a Traditional Teacher for more than 10+ years in the Native and multi-cultural community in Canada. He was taught in the old way, working for many years with the guidance of a number of Anishnawbe Elders and other First Nation Elders in Canada and the USA, and was taught to do traditional ceremonies, teachings, circles, one to one work and to help all people to “walk in a good way” though life.