



C-17

Growth Mindset: How this Builds Successful Resilient Children

Model Schools for Inner Cities (MSIC)

206A

Parents will learn how to improve their children's chances of success through looking at the different mind sets and how they can hinder or enhance their children's ability to optimize their success and strategies on how to acknowledge and respond to failures as "learning moments," with positive frameworks which lead to children developing resiliency in various challenges in life.

Resources

Ten Ideas for Parents Who Want to Raise a Happily Productive Child- Hand Out

Carol Dweck – A Study on Praise and Mindsets

<https://youtu.be/NWv1VdDeoRY>

<http://www.ascd.org/publications/educational-leadership/sept10/vol68/num01/Even-Geniuses-Work-Hard.aspx>

<http://reachout.com/>

<http://beyondintelligence.net/>

Presenters

Laurie Poirier

Parent - lauriepoirier@hotmail.com

Laurie is a mother of a 14 year old boy who has been dealing with ADHD. She is a School Council Chair and on the LC 2 Parent Academy Planning Committee. In addition Laurie is a PIAC Alternative Representative Ward 20. Laurie also runs a small crafting company and teaches crafting classes. She is very involved in volunteering and being a positive leader and advocator in the schools and community.

Laura Hammond

Parent

Laura is a founding member of Birchmount Community Action Council where she inspires and leads other residents to participate in numerous community initiatives. She represents her community on Toronto Community Housing Corporation's platforms and is currently working to promote community gardening and outdoor activities for children. She is committed in building vibrant communities and healthy relationships.

In her current position Laura works to advocate for vulnerable youth in her community.

Laura draws strength from raising her four children with her husband.