

Parents as Partners Conference

Workshop Session: B16

Room: 205C

Self-Regulation - An Introduction

Special Education Advisory Committee (SEAC)

You have seen and hear the phrase self-regulation from many sources - on the report card, in the IEP and from teachers. What does it really mean and how are these skills being taught in the classroom and throughout the school day. Learn about what self-regulation is, how you can support its development in your child and a few of the programs that support this idea. Zones of Regulation 5 Point Scale Self-Reg by Stuart Shankar

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Casey has spent her entire teaching career in Special Education. She has worked in TDSB schools and at Holland Bloorview, encouraging achievement for all students and supporting teachers to promote best practices.

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Anita provides consultative support for special education programs and services for schools in Learning Centre 4 and assists school administration and staff in understanding and meeting the special education needs of students.