

Parents as Partners Conference

Workshop Session: C7

Room: 202A

The Power of Yet: Developing a Growth Mindset in Our Kids

Mental Health and Well-Being Parent Partnership Committee

I can't do it! It's too hard! Find out how to change this childhood chorus into an inspirational anthem that will have your kids feeling confident, loving a challenge, and actually wanting to persevere with problems. Learn how to identify a Fixed Mindset, discover the power of changing our word, and learn how to help your children develop a Growth Mindset. This workshop is appropriate for parents of children in elementary grades (K-8) and will provide you with useful strategies you can use at home.

Wendy Burch Jones

Teacher

Email: wendy.burchjones@tdsb.on.ca

Wendy Burch Jones is a teacher with the TDSB who has decades of experience working with kids. She is passionate about helping children develop a positive attitude about learning and uses growth mindset in the classroom and at home to help "all her kids" discover that failure is a great thing, that challenges are how we learn, and that anything is possible if you can believe in yourself.