

Workshop	Description	Presenter(s)	Day	Time
Holocaust Survivor Testimony - The History of Bill Glied	<p>Through Carrying Holocaust Testimony, descendants of Holocaust Survivors share their families' histories using their own voices and lived experiences as well as clips of a filmed interview with the Survivor, photos and artifacts. Through these presentations, students are provided with first-hand Holocaust testimony and learn some of the lessons of the Holocaust, specifically to be an upstander; to understand the impact of words and symbols; to recognize the dangers of racism, anti-Semitism, bigotry and hate. Students also have an opportunity to engage with a descendant to understand the impact of inter-generational trauma. In this presentation, the participants will hear the history of Bill Glied, as told by his daughter, Michelle Glied-Goldstein</p>	Michelle Glied-Goldstein	Sunday, October 23, 2022	Session C - 2:05 - 2:50 p.m.
TELUS Wise parents   Supporting youth in our digital world	<p>Supporting youth in our digital world is designed for adults and parents/caregivers, and focuses on topics including screen time, gaming, sexting, cyberbullying and more.</p>	Maria Boothman; Amanda Lee	Sunday, October 23, 2022	Session C - 2:05 - 2:50 p.m.
TELUS Wise happiness	<p>TELUS Wise happiness engages participants in a conversation about building and maintaining a healthy relationship with technology and offers tips on ensuring resiliency and well-being in our connected world.</p>	Barb Oucharek; Amanda Lee	Sunday, October 23, 2022	Session C - 2:05 - 2:50 p.m.

Rebuilding our connections in a post-pandemic world: A Self-Reg® perspective.	<p>This workshop will explore what it takes for parents/caregivers, children, and families to connect with each other through the lens of Self-Reg®, a powerful method developed by Dr. Stuart Shanker. The five steps of Self-Reg® methods will be introduced and discussed to equip participants with strategies to understand their ability to self-regulate and others. This workshop aims to provide parents/caregivers with opportunities to clarify their understanding of self-regulation and identify neurobiological processes that underlie self-regulation development and how that affects their interactions and relationships with others. In addition, parents/caregivers will have opportunities to learn and discuss the application of the Self-Reg® method to support their mental health and well-being as well as others.</p>	Rabeya Hossain	Sunday, October 23, 2022	Session C - 2:05 - 2:50 p.m.
Never Stop Learning with TVO	<p>With a focus on all three conference strands, the TVO digital learning team will present live demos of TVO Learn, TVO Learn Mathify, TVOkids and TVO Learn mPower at the Emerging content level. Explore how TVOkids helps build positive mental health, resiliency, and gets Ontario learners ready for school and life.</p> <p>Navigate TVO Learn &amp; TVO Learn mPower to demonstrate how they expand at-home learning and foster inclusive learning. Get a live demo of TVO Learn Mathify; a resource that gives Grade 4 to 12 learners access to FREE 1:1 online math tutoring sessions with OCT certified teachers, helping students build their confidence and understanding of foundational math skills.</p>	Iniyal Inparajah; Sadia Hussain	Sunday, October 23, 2022	Session C - 2:05 - 2:50 p.m.

Connecting and Communicating: How to Help Kids Put Words to Their Feelings	The presentation provides a brief explanation of SEL from the SMHO website. The focus of this workshop is dealing with feelings (one of the 6 components of SEL). We provide ways to support parents/caregivers notice name and respond to feelings. The SLP lens focuses on supporting parents build richer vocabulary around emotions. We use everyday activities to build these skills (conversations, oral storytelling, watching movies/tv, sharing books etc.), while affirming each families' home language and identity.	Jennifer Stephen; Payal Burnham; Liana Levinson	Sunday, October 23, 2022	Session C - 2:05 - 2:50 p.m.
Nature-Based Mindfulness: Practices and Strategies that Cultivate Well-being and Connection with the Natural World	Mindfulness is a state of awareness and a practice; it involves attending to the present moment and cultivating an attitude of curiosity, openness and acceptance of one's experience. It is a secular (non-religious) practice that is backed by a growing body of compelling scientific evidence that indicates a wide range of potential benefits, from improving physical and mental health to promoting community. Mindfulness can play a vital role in helping students and teachers become aware of the impact that our actions have on our environment and ecosystem. This experiential and practical workshop will use nature-based mindfulness activities and provide resources to support educators in connecting students with nature. The intention is to show how mindfulness can enhance experiences with the natural environment, helping students recognize that we are all interconnected in the fragile web of life. This understanding can support students in making appropriate environmentally sustainable decisions.	Helen Gault; Stephen Chadwick	Sunday, October 23, 2022	Session C - 2:05 - 2:50 p.m.
Supporting Children through Grief and Loss	This workshop will give you an understanding of how children experience grief and loss. It will provide some compassionate ways for caregivers to respond and support their children during this difficult time.	Jeremy Ng	Sunday, October 23, 2022	Session C - 2:05 - 2:50 p.m.

School Improvement Planning - Using collective intelligence to build trusted and transparent strategies	This presentation explores innovative strategies and actions to support School improvement planning, implementing and measuring by harnessing collective intelligence. In this session we will discover how scaled conversations can generate clear objectives to enhance the way curriculum is delivered, support plans that create a positive learning environment, and increase the degree to which parents are involved in their children's learning at school and in the home. At ThoughtExchange, we understand that the most effective school improvement plans result when principals, teachers, school councils, parents, and other community members work as a team to establish priorities, set goals for improvement, implement strategies, and evaluate progress. In our presentation, we will demonstrate how School Improvement Plan goals can be achieved efficiently, and also engage and reflect the priorities of all members of your educational community through: Access to more diverse & representative perspectives Elevating engagement beyond traditional practices, such as surveys and town halls and instead using innovative ways to involve parents in their children's learning, both inside and outside the home. Building trust across the district and in turn support for strategic prioritization Ensuring support at all stages of a plan's life cycle (planning, implementing, measuring, reflecting) In summary, our workshop will: 1) Focus on how ThoughtExchange can enhance your existing parent & community engagement strategies. 2) Provide specific examples from other successful districts, and lay out a winning framework for how ThoughtExchange can enhance and support the School Improvement Planning process. 3) Give attendees the opportunity to participate in live exchange to demonstrate how ThoughtExchange works 4) Highlight	Rick Chander; Kailyn Skuban	Sunday, October 23, 2022	Session C - 2:05 - 2:50 p.m.
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	<p>and excite the audience with a demonstration of the data analytic tools available in our AI powered analytics platform, giving them the ability to quickly and efficiently prioritize ideas and turn qualitative feedback from the community into key insights and actionable next steps.</p>			
Hearts and Minds Matter: Emotionally Intelligent Teaching and Learning Practices	<p>In this presentation you will learn the importance of building inclusive spaces that foster the emotional intelligence of children. This presentation is grounded in the research on emotional intelligence and social emotional learning with an emphasis on the practices that support the research. This workshop is engaging and interactive.</p>	Jackie Eldridge	Sunday, October 23, 2022	Session C - 2:05 - 2:50 p.m.