

Parents as Partners Conference

Workshop Session, C8

Room: 202B

Developing Emotional Vocabulary: Moving beyond happy, mad and sad Mental Health and Well-Being Parent Partnership Committee

Help your child talk about how they are feeling! Not just happy, sad and mad but other words that help children identify their feelings so they can understand and manage their behaviour better. The workshop is for parents of young children (JK – Grade 3) and will include useful strategies and books that you can use to help your child at home.

Martha Rice

Speech and Language Pathologist

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Martha and Susanne have over 15 years of experience at TDSB. Both are skilled in parent training and have a strong interest and experience in helping students connect emotional vocabulary to social interactions and reading comprehension.

Suzanne Beauregard

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