

Workshop	Description	Presenter(s)	Day	Time
Parent/Caregiver Engagement for School Councils: Journey Through the Grades	<p>Many School Councils are challenged to engage parents. This session will take a look at meaningful Parent/Caregiver Engagement, focussing on the varying needs of families along our children’s learning journey. Building the home to school relationship supports the research that Parent/Caregiver Engagement happens at home. School Councils can support this community building by leading with student well-being and achievement at the top of their priorities. This workshop will support School Councils to embrace the rich diversity of their communities and bring Parent/Caregiver knowledge to the table for School Improvement Planning, School Committee participation and fulfilling the School Council mandate. We will explore how to make your School Council a more relevant partner in your school community by looking at the purpose of School Councils, and taking an Engagement based approach to inclusively building parent/caregiver capacity and supporting students’ transitions throughout their education. We will consider targeted strategies for each grade division, as well as over-arching themes in Family Engagement practice.</p>	Nicole Herbert	Saturday, October 22, 2022	Session A - 12:15 - 1:00 pm
5 Essential Conversations to have with your Kids to Build Coping Skills!	<p>In this 45-minute workshop you will be introduced to current research on building coping skills for students and families, The Umbrella Project Well-Being Curriculum and you will be given the opportunity to do the Umbrella Assessment. You will learn about what your strongest coping skills are and how you can continue to build on the skills that will protect you from life’s difficult days. Coming out of this session, you will have an understanding of the principles of the Umbrella Project, a knowledge of the 18 Umbrella Skill and how to engage your community in practicing essential coping skills.</p>	Dr. Jen Forristal	Saturday, October 22, 2022	Session A - 12:15 - 1:00 pm

<p>Accessing Mental Health and Well-Being Supports at Your Child's School and in the Community</p>	<p>This presentation will introduce you to the mental health and well-being supports available within your child's/teen's school and pathways to access these supports. We discuss the various Professional Support Services staff, the services they provide and ways they can support your child/teen. We will also be sharing community-based resources and supports for families.</p>	<p>Yvonne Bristow, Dayna Morris, Laura Shepherd</p>	<p>Saturday, October 22, 2022</p>	<p>Session A - 12:15 - 1:00 pm</p>
<p>Mental Health: Environmental Racism &amp; Equity</p>	<p>This presentation is about mental health and environmental racism and equity. What does this mean for the school community to understand, and the impact on students', families' and caregivers' mental health &amp; well-being. This workshop is about affirming the connection between racial trauma and the environment. Interrogating outdoor Systemic racism &amp; biases and impact disproportionately on the mental health &amp; well-being of BIPOC, racialized, marginalize &amp; vulnerable students. What do you recognize as racial trauma outdoors? When recognizing racial trauma in outdoor education spaces, what strategies are used to support students. Outcome for the workshop is as follows: Is the environment neutral? Do we as staff members recognize &amp; understand this concept as part of systemic racism. Dignity and Racial Trauma and the Environment; Impact of Racial Trauma on Mental Health; Building Trust in the environment for racialized Students: Building connections within outdoor programs at TDSB, to the Environment for Newcomers: Building a Sense of Belonging and Mattering within school communities: Trauma Responsive Care, Healing Centered Engagement and Cultural Humility as evidence-based frameworks as learning, unlearning and strategies to overcome.</p>	<p>Shameen Sandhu, Adolph Williams</p>	<p>Saturday, October 22, 2022</p>	<p>Session A - 12:15 - 1:00 pm</p>
<p>Supporting the Successful Transition to Kindergarten for Students with Autism</p>	<p>Entering kindergarten is often an exciting time for students and their parents/caregivers. This transition may also evoke feelings of worry, concern and apprehension particularly in relation to how the needs of students with Autism may be met. In this session, participants will learn more about what to expect in kindergarten, how to best prepare their child for the transition to school, an overview of the supports offered through TDSB's Autism Services</p>	<p>Jennifer Ridler; Lydia Tisma; Lisa Cohen; Christina Mathura</p>	<p>Saturday, October 22, 2022</p>	<p>Session A - 12:15 - 1:00 pm</p>

	and an in-depth review of Surrey Place's Community Resource Directory. Following this session, parents/guardians/caregivers will be better equipped to navigate and access the necessary supports for their child both at school and in the community.			
Connecting with your child with complex needs, building cooperation with daily tasks and helping your child cope with stressful situations	This presentation will provide information on ways you can connect with their child with complex needs, how you can find your child's Happy, Relaxed, and Engaged (HRE) state, explore how to teach your child to cooperate with daily tasks in supportive and safe ways, and how to help your child cope with stressful situations. The presentation will provide examples and short scenarios on ways to connect with your child. Ways to build strong partnerships with your child's school community will also be explored.	Liba Gajdos; Natalia Charles	Saturday, October 22, 2022	Session A - 12:15 - 1:00 pm
Engaging Parents/Caregivers with Digital Portfolios and Career Exploration using myBlueprint	Following the conference themes of Affirming, Belonging & Connecting, this session will begin by showcasing how students can use myBlueprint's Education Planner platform to participate in self-discovery by sharing their passions and strengths, exploring related post-secondary opportunities, and reflecting on their learning with interactive student-driven digital portfolios. As Parents & Caregivers play an integral role in students' classroom learning, this session will demonstrate how the myBlueprint Family Account can build connections and provide opportunities for students to feel even more supported in their career & life planning journey. By attending this hands-on session, participants will walk away with a detailed Getting Started Guide on how to create a family account as well as a Family Feedback Guide with tips on how to best provide feedback on a student's portfolio, including sample conversation prompts.	Joy MacDonald	Saturday, October 22, 2022	Session A - 12:15 - 1:00 pm

<p>Building a Black Student Community at U of T Scarborough</p>	<p>The University of Toronto Scarborough's Black Student Engagement Programs in the Office of Student Experience and well-being is an intentionally created portfolio to provide programming and a community of support for Black students. We build connections to academic, career, wellness, community and beyond, to foster a sense of belonging and community for Black students. The Black Student Support Network serves to create access and inclusion pathways by prioritizing academic success and promoting a healthier sense of self and belonging for Black students. Join us for this session to learn more about the importance of creating these spaces, our initiatives such as the Imani Tri-Mentorship Program, Modern Day Griot Project, and Black Student Orientation, and the role of parents and caregivers in our collective work.</p>	<p>Nadia Rosemond</p>	<p>Saturday, October 22, 2022</p>	<p>Session A - 12:15 - 1:00 pm</p>
<p>Supporting Students with Developmental Disabilities and their Transition beyond High School</p>	<p>This session will focus on practical long-term strategies for parents and caregivers as they support youth with special education needs through high school and in the transition to the workplace or post secondary. We will explore in-school learning and skill development; how parents can support at home; and supports and resources within the school system and beyond.</p>	<p>Wendy Terro, Denise De Paola; Carolyn McDougall; Janelle Withers; Polina Kukar; Leeanne Bouteiller</p>	<p>Saturday, October 22, 2022</p>	<p>Session A - 12:15 - 1:00 pm</p>
<p>Supporting Newcomers in the TDSB</p>	<p>We will be sharing a range of supports that the TDSB offers for K-12 English language learners.</p>	<p>Emma Martin; Jennifer Freudenthal</p>	<p>Saturday, October 22, 2022</p>	<p>Session A - 12:15 - 12:35 pm - micro session</p>
<p>Libraries as Partners in Student Growth, Exploration and Learning</p>	<p>Highlighting how the library offers resources and services that support student growth, exploration and learning.</p>	<p>Kate Stevenson; Teresa Leung</p>	<p>Saturday, October 22, 2022</p>	<p>Session A - 12:40 - 1:00 pm - micro session</p>